

# MMMMH! FRIENDS

**GROUP ACTIVITIES FOR INDIVIDUALS**



# Mmmmh!

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[www.mmmh.be](http://www.mmmh.be)

# A COOKING CLASS WITH FRIENDS OR FAMILY

## A CULINARY ACTIVITY ONLY FOR YOU AND YOUR FRIENDS

You like to cook, you want to share this passion with others, but you want to be together for a unique cooking course or a sequence of classes.

## THE MMMMH! COOKING CLASSES

A birthday, a bachelor/bachelorette party or just a moment to share with friends. The Mmmmh! cooking class, led by a professional chef, is the perfect way to discover flavours and techniques followed by a perfect lunch or dinner.

## The Mmmmh! infrastructures

From 10 to 30 people can be accommodated in our workshops «Les Secrets du Chef» and in our partner rooms and up to 300 people for your specific events!

## The Mmmmh! team

Experienced multilingual chefs and specially trained to lead groups.

A passion for cooking and gastronomy.  
Quality ingredients, respect for the seasons, local sourcing.

At Mmmmh! we are crazy about cooking, passionate about tricks of the trade and we love to eat right!



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# FRIENDS COOKING

**The meal:** Drinks, starter, main course, dessert

**Number of participants :** 10

**Duration:** 3h30

**Budget:** € 95.00 incl. VAT/pp

## FEATURES AND STAGES OF THE ACTIVITY

- Lunch or dinner
- Share a friendly moment with friends of family
- A culinary knowledge experience
- Original and unique alternative to the restaurant

## Our options

Mmmmh! recommends :

- Welcome with tapas
- Welcome Champagne
- Beers
- Organic fruit juice
- Personalised aprons
- Birthday cake

Would you like to make your event even more special? An embroidered apron with name and/or logo? A gift box? Champagne? Wine upgrade?

Choose from one of our options.

## Timing

**Welcome, aperitif (wine, water, briefing):** 30 min.

**Cooking:** 1h30

**The meal:** 1h30

Our sales' team will propose a seasonal menu for this event.

## The price includes

Welcome drink: glass of Prosecco

The meal

The Mmmmh! wine (1/2 bottle per person)

Water (still/sparkling)

Coffee/tea

Lent aprons



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# WINE TASTING

**Objective:** An instructive and convivial activity for everybody.

**Minimum number of participants:** 12

**Duration:** 2h

**Budget:** € 85.00 incl. VAT/pp

## FEATURES AND STAGES OF THE ACTIVITY

A competent oenologist, a rigorous selection (6 wines) including the best rural wines from wine growers, close to nature. Let's go and begin an initiation in wine tasting, learning the fundamental notions that make up the world of wines:

- Basic principles of red and white wine vinification
- Discussion of the principal wine making regions in France and Europe
- Principal wine types
- Tasting techniques
- Initiation in tasting vocabulary

Would you like to make your event even more special? An embroidered apron with name and/or logo? A gift box? Champagne? Wine upgrade?

Choose from one of our options.

## Timing

**Welcome:** 15 min.

**Discussion and tasting:** 1h45

This activity is ideal in the morning or in the afternoon.

## The price includes

Water (stil / sparkling)

Wines

Bread and savory snacks

Tasting sheet



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# CHOCOLATE WORKSHOP

## FIRST STEPS

Would you like to make your event even more special? An embroidered apron with name and/or logo? A gift box? Champagne? Wine upgrade?

Choose from one of our options.

**Objective:** Discover with friends a part of Belgium's culinary heritage.

**Minimum number of participants:** 12

**Duration:** 3h30

**Budget:** € 85.00 incl. VAT/pp

### FEATURES AND STAGES OF THE ACTIVITY

You will learn the basic techniques, such as tempering and moulding, but also recipes, each tastier than the next, based on Valrhona's most emblematic chocolates.

You will make, with the help of our chef, pralines, bars, spreads and other chocolate sweets.

### Timing

Welcome, drinks, (wines, water and briefing) : 30 min

Cooking : 2h

Meal time : 1h

### The price includes

Welcome drink: glass of Prosecco

Water (still/sparkling)

Chocolate tasting (Small box to take home)

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### Our options

Mmmmh! recommends :

- Personalised aprons



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# MMMMH! @ HOME

**Fancy a different evening?**

**A cooking class at home in your kitchen, your living room, your garden ...  
everything is possible!**

**Budget :** on estimate

## **FEATURES AND TIMING**

The Mmmmh! chef brings all the culinary material (aprons, knives and carving boards) and will let you cook in your pots. You don't have any pots? No problem, the Mmmmh! chef can even bring his own!

You will carve, cook, plate the dishes and most important of all: savor it all together with the chef.

**A unique experience of sharing, conviviality and learning.**

To live with friends or family.



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# OUR OPTIONS



# Mmmmh!

**Your Mmmmh! event is "all inclusive"  
but you can make it even more special, even more tastier!**

## WE PROPOSE THE FOLLOWING ADDITIONAL OPTIONS

### Tapas

An appetizer before starting  
your cooking event?  
**€20.00 incl. VAT/pp**

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### Organic fruit juice

The ideal way to start your morning  
activity or a healthy alternative to go  
with a non-alcoholic meal.  
**€10.00 incl. VAT/pp**

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### Extra wine

We provide a half bottle  
of our house wine per person.  
Additional bottles:  
**€15.00 incl. VAT/per bottle**

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### Champagne Home of winemakers

Two flutes of Champagne.  
**€20.00 incl. VAT/pp**

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### Birthday cake

A birthday cake with candles?  
A delicious chocolate cake?  
**€40.00/ cake (8 persons) VAT/pp**

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### Beer

A trendy and organic Belgian beer  
to accompany a Belgian menu?  
A fresh Singha Beer to accompany  
your Thai menu?...  
**€10.00 incl. VAT/pp**

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### Embroidered aprons

Looking for a fun and personalized  
apron with a logo and/or name  
of your guests?  
**€30.00 incl. VAT/apron**

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